



Director's Report

The World Cup is over, and although Spain won the tournament, the real winner was South Africa. This event created an opportunity not only to showcase the enthusiasm and vibrancy of South Africans to the world, but also the opportunity for us to celebrate together what it means to be South African.

The spirit and unity shown by so many during the World Cup has captured the hearts of South Africans young and old, and hopefully has provided the inspiration for us to commit ourselves to the rebuilding of our communities and country. So much is needed within our communities and so much more is possible. Our country can only become greater and better if we learn to truly reach out, to become involved and to engage with each other. The same can be said about the YU partnership. We have wonderful programmes with incredible people and so much more can be achieved for youth if we create the opportunities to do so together. We limit ourselves when we choose to be blind to the opportunities and possibilities that exist within this partnership. At times we become so focused on our organizations and institutions that

we forget that it is people, individuals, which make the difference.

Our country is blessed in having individuals who, with love, hope and faith, seek to reach out, to become involved, to share and to learn from and with others. It is such individuals who are often the catalysts and inspirational heroes not only in our country but also in the rest of the world.

The 2010 World Cup is over. May its spirit continue to grow throughout the country and particularly within the Youth Unlimited partnership!

God Bless,
 Wayne

Director, Youth Unlimited



Masakhane Supa 7-a-side

The Masakhane U16 Supa 7-A-Side Football Tournament was designed to include girls and boys within the same team. It was organised by Youth Unlimited and was held on 24th June at the Portlands Sports Complex.

Teams came from areas such as Gugulethu, Khayelitsha, Koelenhof, Atlantis, Delft, Mitchell's Plain and Nyanga. It also included the Youth Unlimited Ikamva Girls' Team and teams from YU partners, Catholic Welfare and Development (CWD) and Edmund Rice Camps.

There was a total of 150 participants plus 15 volunteers and officials. The Tournament was split into two divisions, i.e. social and competitive. In keeping with the spirit of the FIFA World Cup, the teams were allocated the names of participating countries.

What made this Tournament interesting was the inclusion of girls in the boys' teams. Each team had to have 3 female players on the field at all times, and goals only counted after a girl had scored a goal for her team. This made the boys take female soccer players seriously, and gave the female players the confidence and ability to shine within the framework of a mixed team.

After all the countries had battled it out, the Final saw "Brazil" meet "Germany". "Brazil" was represented by the Seven Stars from Gugulethu, and "Germany" by the CWD from Khayelitsha. In the end, "Germany" took the coveted first place. Third place was awarded to "Nigeria", represented by the team from Koelenhof.

*Jennifer Moss
 Fundraiser, Youth Unlimited.*

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Ikamva Training Camp

On 21st June 2010, the Ikamva Girls' Soccer Team from Nyanga embarked on a 4 day camp organised by Youth Unlimited. 18 girls, ranging from age 14 to 24, were invited to the Christian Brothers' Centre in Stellenbosch. There they were able to strengthen not only their soccer skills, but also their life skills, teamwork and self-esteem.



The first day provided the girls with a great treat when guest speaker, Ayanda Tini from Good Hope FM, gave a talk about the FAB Girl: a Favoured Accepted Blessed Girl. This is a concept covering self-discovery, health and beauty, and relationships. The girls learnt not only to love themselves, both inside and out, but also how to engage with others.

Another highlight was a drumming session where the girls were taught the importance of teamwork, communication and listening. It also served to emphasize the vital role played by each individual in the success of the whole team.

Mbuyi Jongqo from Youth Unlimited provided the girls with an informative group session on drugs. They learnt about what drugs are in circulation, the social implication of drug usage, as well as the effect they have on the body.

In addition to these exciting activities, the girls continued their soccer training under Denzel Swarts, their volunteer coach, who worked them hard every day. This enabled them to maintain their fitness and to acquire new skills which they will be able to put into practice during the coming season. The training served them well as they played an invitational match against girls from a nearby area and won the match 7-0. This proved to be a huge confidence booster.

Other Ikamva sporting activities included participating in Youth Unlimited's Masakhane Supa 7-A-Side Tournament and in the 5-A-Side Women's Tournament at the Cape Town Fifa Fan Fest.



Those girls who were unable to take part in the Fan Fest Tournament attended a Food For Thought workshop made possible by Design Indaba and presented by Food Corp. The girls were taught how to make affordable and nutritious meals. Such knowledge and skills will help them in their training regime and their progress at school.

The camp ended with an Awards Dinner when some of the guest speakers, who had participated during the week, returned to celebrate the girls' successes. Each girl received a certificate and was given the opportunity to reflect on what the camp meant to her personally. One recited a poem she had written, while another took the time to say something about each one of her team-mates.

This reflection was what the camp was all about. Of utmost importance was the individual growth of each young woman and the strengthening of the team as a whole. Upon arrival the girls received journals in which to record their experiences and feelings. Time was given to them each day to write in their journals.

At a moment in their lives where things are uncertain, emotions are running high, and people are sending them contradictory messages, these girls have been given the opportunity to grow and develop, and, most important of all, they left the camp with smiles on their faces.

*Jennifer Moss
Fundraiser, Youth Unlimited*



A Changing World

If you live on this planet you should by now know that our world is in trouble. Climate change, ozone layer, carbon emission, global warming, pollution are words often bandied about on key issues which, if not addressed, hold negative implications for the world and life as we know it. We are flooded with information, and already many organizations and homes are adopting eco-friendly practices in order to respond to environmental concerns.



Government and many big businesses are becoming well aware of the need to address these issues, but internationally and locally the response is far from ideal. As developmental organizations, we need to see not only what we can do within our own organizations but also how we can educate others about the global crisis we are facing. So when one of the most important life changing concerns becomes forgotten in our efforts to host the World Cup, what do we do?

Youth Unlimited decided to use the game of football as a means of helping learners to become more environmentally aware. In brainstorming with the City of Cape Town in 2006 around the idea of football as means of communication, YU organized a mini workshop and designed a poster for a football tournament in Manenberg. Following the Tournament much interest was shown and more ideas developed to expand the concept further. City of Cape Town officials were so interested in this that it was proposed and adopted as a project of Green Goal 2010. The City of Cape Town tendered for its implementation in various schools in Cape Town. The tenders consisted of 3 sections i.e. 1) design and distribution of poster 2) educational programme



for school and 3) a football tournament that highlighted what was learnt and achieved. The YU office helped give advice on the design of the poster and educational programme, and was co-awarded the right to host the school tournament.

The football tournament was a lot of fun, and youth and schools participating really enjoyed themselves. This event formed part of the build-up to the World Cup for the City of Cape Town, and helped those in attendance feel that the Cup was within grasp. The presence of both the Mayor of Cape Town and Zakumi certainly helped bring about the link with



the World Cup. The best was getting to know the new initiatives the learners had helped develop in their respective schools as a result of this particular campaign. In summary, a simple concept developed into a poster; a Teacher's Guide; a teacher's workshop on the materials; a play linked to the materials; an art initiative to paint municipal bus shelters and a six-a-side schools soccer tournament played on World Environment Day (5th June 2010).

*Wayne Golding
Director, Youth Unlimited*



Rural Youth Are Not Forgotten

After being involved in many interventions with Youth Unlimited partners, it is obvious that rural youth in South Africa are still amongst the most deprived and vulnerable in our society today. Many years into a new democracy, the effects of the past are still haunting rural communities. Therefore the question remains “are rural youth forgotten, because of their remoteness?”

In a recent assessment by RDSP (Rural Development Support Program) it became clear that rural youth are still trapped in the past. Their surroundings are still the same as many years before so they are unable to envision something different, better and greater. Having identified that rural communities around the Western Cape are developing far too slowly, Youth Unlimited are busy designing a programme that can help break the barriers of isolation, and the social and racial divide which still prevent them from making the giant leap of change.

The area identified for the pilot phase of this project was Koelenhof, a rural area situated just outside the Stellenbosch town area. For almost 10 years there has been no access to even the basics such as electricity. The only alternative for residents is to obtain power using a generator. Lack of electricity seems to deter learners from going to school. School absenteeism has a negative effect for young people as it leads them to engage in risky behaviour such as substance abuse (drugs and alcohol), crime and teenage pregnancy.

In terms of infrastructure, there is very little to speak of. Problems relating to a lack of infrastructure include:

- No safe places for the youth to explore in the area;
- No safe and reliable transport to explore other places beyond Koelenhof;
- No extra-curricular and recreational activities outside of school that young people can engage in;
- No building infrastructure i.e. a centre for extra curricular activities;

There was a great emphasis on the absence of positive role models in Koelenhof and areas like it. The harsh conditions of rural life mean that life is lived on a day to day basis, where the focus is on short-term gratification rather than visioning beyond the present circumstances. The state of mind of the youth is one of feeling that there is no brighter future for them.



Earlier this year a Youth Workers Forum was held by Youth Unlimited to look at the rural youth issue from a different perspective. The forum brought to light two main challenges – lack of access to opportunities and to resources. Moreover, rural youth were found to be abusing alcohol (where alcohol is easy to access), committing crime and engaging in teenage sex. Key interventions were identified in order to address the needs of young people and begin transformation within the community. Capacity building and life skills training would contribute significantly to their personal development and provide much needed psychosocial support. In order to provide opportunities, rural youth need to be given support, resources, confidence and encouragement. The majority lack confidence and therefore need someone to believe in them.

The concept of Rural Youth Clubs was introduced. YU seeks to initiate a programme that is based on a peer education model where youth clubs are run on a daily basis. The Youth Clubs will offer support and training to the youth and will be run by the young people themselves. As a project the Rural Youth Club provides an opportunity for YU partners to become involved and collaborate on programmes that will ensure its success.

*Denzel Swarts
Project Assistant, Youth Unlimited*

Crazy 8 Tournament

On the 17th June, Youth Unlimited and the Catholic Welfare and Development (CWD) Centre in Khayelitsha joined hands in hosting their annual Crazy 8 Cards Tournament. This was attended by 44 youngsters of both genders, aged 3 to 24. 6 Peer Educators were also there to try their hands at the game.

Four playing tables were laid containing two teams of four players, and once they had chosen their all-important team names, the tournament got under way.

The beauty of such an event is that people of all ages and fitness levels can participate and it does not rely on sporting ability like a lot of the other youth activities.

After a gruelling knock-out session, the team to walk away with the gold medal was the Cool Cats. The Cheetahs (and hopefully not the “cheaters”) took the silver medal, and the Peer Educators won bronze.



Looking Back: An Analysis of the World Cup

Over the last month, South Africa has played host to one of the biggest sporting events in the world. And whilst the whole country has been in many ways drunk on all the enthusiasm and festivity surrounding the World Cup, we not only need to critically evaluate the event as a whole, but as the first FIFA World Cup ever to be hosted on the African continent, we need to also critically assess its overarching impact on South Africa and Africa.

Undeniably, one of the most talked-about and in many ways celebrated successes of the World Cup has been its positive impact on South Africa's nation-building initiative. South Africans of all races, ethnic and socio-economic groups came together under the banner of "South Africa". Who can forget the display of Bafana t-shirts at almost every soccer game, or the South African flag branded proudly on our cars? South Africans have indeed been united, like never before, but at whose or what's expense?

Xenophobia is undoubtedly a growing concern in South Africa. Xenophobic attitudes towards foreign nationals, most especially from other African countries, are not uncommon amongst South Africans. It has therefore not been particularly surprising to have heard threats of xenophobic violence after the World Cup or to have read that there are some South Africans who feel that this World Cup was a South African World Cup and not an African world cup. South Africans' continuing inability to assimilate themselves into the broader African context is a terribly concerning issue and one that this World Cup may have to some extent highlighted. On the other hand however, one also needs to question the authenticity of this nation-building. Will the manner in which South Africans came together during this World Cup fundamentally change the manner in which South Africans, of different racial, ethnic and socio-economic groups relate to each other on a day-to-day basis? Or will this



instance of nation-building be akin to that of the 1994 rugby World Cup short-lived?

Another major issue that has been extensively talked about is the sheer capital that the South African government has invested in the event, an estimated R38-billion. Many have argued that this capital could have been better spent on improving social services for the poor. One can however always make this argument where government spending is concerned. Arguably, millions of South Africans have and will continue to benefit from these investments, more notably those made within the transportation sector, even though it is yet to be seen what will become of our newly-built stadiums. Moreover, the international exposure that South Africa has received over the last month will undoubtedly have a significant influence on our country's economy, through tourism and overseas business investments.

Most importantly perhaps, this World Cup has reminded us, as South Africans and Africans, of what is possible competent delivery of infrastructure production and renovation, confident performance of public services, a different attitude towards public space and public transport. It is all too often that we accept our government's poor inability to foster and encourage the kind of society that we want to live in. And irrespective of FIFA's dictatorial management and control of the event, which in its own right should be debated, it nonetheless compelled the South African government to achieve what they might not have otherwise achieved. The question we therefore need to ask ourselves is: how do we get our government to be as focused and dedicated about addressing the country's problems as it was about planning the World Cup?

In conclusion, South Africa has unquestionably hosted a highly successful World Cup tournament, despite fears and scepticism from the international community. We have indeed shown the world that we can be a warm and welcoming nation capable of achieving what we set out to achieve. This however should not detract us from the serious problems that still thrive in our society and on our continent. Nor should it detract us from seriously thinking about the ways in which our World Cup experience can help us address these problems.

*Presentation by Samantha Richmond
CPLD Boardroom, Cathedral Place, 12 Bouquet Street, Cape Town
Tuesday, 13th July 2010, 12.30 - 14.30pm*



Celebrating Partnerships at St Kizito's Thanksgiving Mass

Children and volunteers from 11 different communities were joined by St. Kizito's partners and donors for a joyful Thanksgiving Mass on 22 May at Our Lady Help of Christians in Lansdowne.

The Mass was celebrated by Archbishop Stephen Brislin and was attended by more than 200 children and 76 volunteers from 11 Parish Groups. The St. Kizito volunteers work to address the needs of orphans and vulnerable children in their communities. Brightly coloured Parish Group banners were brought in by the volunteers during the entrance procession. Clergy from the various parishes also attended the event.

The theme for this year's Mass was "celebrating partnerships", with St. Kizito Children's Programme (SKCP) recognising the valuable role that its partners play in the success of the St. Kizito Movement. Many of SKCP's partner organisations and donors were present at the celebration. Representing Family Health International (FHI), Jacky Mbete spoke about the relationship between SKCP, FHI and the Southern African Catholic Bishops' Conference (SACBC). FHI and the SACBC provided the funds for this year's Thanksgiving Mass and have been funding some of SKCP's activities since early 2009.



Bonus and His Grace

At the end of Mass, Archbishop Brislin presented the St. Kizito volunteers with certificates, and some of the children spoke about how they have benefited from the services provided by the St. Kizito movement. SKCP's Co-ordinator, Bonus Ndlovu, thanked the donors, partners, volunteers and staff of SKCP for all that they contribute towards the movement. Mass was followed by a light lunch served in the

church garden where gifts were given to all the children.

"The event was a huge success and definitely needs to be repeated annually, with all the children attending," said SKCP Parish Mentor, Marian Hendricks. "The good attendance of the clergy has also helped to motivate the Parish Groups. This celebration serves as motivation to the volunteers and as awareness-raising for the other guests. The whole event helps to build the St. Kizito Movement."



Delft Children

All who attended enjoyed themselves thoroughly. The children also enjoyed the experience immensely. "The kids had a wonderful time," said Moyenene Simon from the Delft Parish Group. "They fell asleep on their way home, but on the Sunday, they came back to my house to say thank you again!"

SKCP is a community-based response to the needs of orphans and vulnerable children. Through Parish Groups, volunteers from target communities provide a range of services to children and families in need. For more information about St. Kizito Children's Programme, please contact either Bonus Ndlovu on (021) 6337701 / bndlovu@stkizito.org.za or Shirley Dunn on (021) 7822792 / sdunn@stkizito.org.za.

Upcoming Events

5 August	Board Meeting
7 August	Volunteer Awards
9 August	Womens Day
10 September	Partnership Day
18 September	Touch Rugby (to be confirmed)

Congratulations

to **Jennifer** at ERC on the birth of her 2nd child
To **Michail Rassool** on his appointment as CWD Communications Officer
to **Denzel** on his birthday on 11 August

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